



Name here



JUNIOR SNOWBOARDER LEARNING JOURNEY

SAFETY

We want you to enjoy yourself as much as possible whilst at Chill Factor. You are advised that participating in snow activities has some risks and that Chill Factor has taken precautions as far as is reasonably practical to eliminate or reduce the risk of injury.

The wearing of helmets is compulsory for all activities. Chill Factor provides helmets to participants at no additional cost.

MEMBERSHIP

Members save 30% on Lift Passes, Group Lessons, Private Lessons & more! Ask a member of the team for details!

SLOPE CODE OF CONDUCT

1. Respect all other slope users.
2. Control your speed.
3. Always give way to skiers/snowboarders below you and choose a route past as to not endanger or alarm them.
4. Leave plenty of space when overtaking.
5. Look up and down the slope before starting or entering the slope.
6. Always stop in a clear and visible place or, preferably, at the side of the slope. When climbing up or down the slope, always keep to the side.
7. Respect all signs.
8. In the event of an accident everybody is duty bound to assist and witnesses must provide relevant information regarding any accident.
9. Chill Factor reserves the right to ask you to leave the slope if you are deemed, by an employee of Chill Factor, not to be abiding by the Code of Conduct or meeting the minimum standard. In such cases, no refund will be given.

All Lift Pass users must be able to meet the minimum standards for Main Slope use. These are; control speed and direction, linked turns, stop and to use the button lift unassisted. If you cannot meet the minimum standards for recreational slope use, you must have lessons (booked in advance) with an instructor from Chill Factor prior to using the slope.



TELL US ABOUT YOUR EXPERIENCE AT TRIPADVISOR

YOUR SNOWBOARD LESSON JOURNEY

STARTS ON THE NEXT PAGE



PROGRESSION RATE
Everyone progresses at different levels and you will be able to advance when your instructor feels you have the skills you need, so don't feel frustrated if you didn't advance this time, you will progress through the levels at an appropriate pace for you. Advancing in line with your capabilities, is safer for you and other slope users.

BETWEEN LESSONS
The Beginner Slope is exclusively for Chill Factor's Lessons & is a great place to progress with one of our instructors. 11-16 year olds may practice with a Lift Pass on the Main Slope without an instructor, as long as the following rules are followed:

- The Junior must be able to link turns, stop when required and use a button lift unassisted throughout their visit.
- A parent/guardian must remain within the centre throughout the session
- The Junior always remains the responsibility of the parent/guardian

BOOK YOUR NEXT SESSION
ONLINE: CHILLFACTORE.COM / CALL 0161 749 2222



DON'T FORGET TO FOLLOW US ON:

JUNIOR SNOWBOARDER

LEARNING JOURNEY



LEVEL 1A - BEGINNER

- I understand my equipment & slope etiquette
- I've tried some one-footed drills/skills
- I have started to develop balance and posture
- I can do a heel edge sideslip with some assistance
- I can do a toe edge sideslip with some assistance

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 5 - MAIN SLOPE CONFIDENCE

- Re-cap skills from Level 4
- I am confident using the main slope lift to the top
- I can safely descend from the top of the main slope
- I am starting to link turns on the upper part of the main slope
- I can control my speed & direction and perform controlled linked turns & stop when required

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 6 - ADVANCING TO COACHING

- Re-cap skills from Level 5
- I am linking turns consistently from the top of the main slope
- I am starting to increase my range of movement on the board
- I am working on varying my turn size and shape
- I am starting to ride with more flow

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 1B - CONTROL OF SPEED

- Re-cap skills from Level 1a
- I can heel sideslip without assistance
- I can toe sideslip without assistance
- I can safely descend the beginner slope
- I am confident controlling my speed

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 4 - LINKING TURNS

- Re-cap skills from Level 3
- I have been shown how to use the button lift
- I can consistently perform basic turns on the lower part of the Main slope
- I am aware of the Main slope Safety Code (PTO)
- I have been introduced to linking turns by traveling across the hill

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 2 - MOVEMENT AND CHANGE OF DIRECTION

- Re-cap Skills from Level 1
- I can diagonal sideslip left & right on my toe edge
- I can diagonal sideslip left & right on my heel edge
- I have been introduced to twisting the board with my feet
- I am starting to steer & rotate the board towards the fall line and back on both edges

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 3 - BASIC TURNS

- Re-cap skills from Level 2
- I can steer the board to the fall line and out again (Falling Leaf)
- I can turn from toe edge to heel edge
- I can turn from heel edge to toe edge
- I can consistently make turns from the top of the Beginner slope

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

NEXT STEPS ASK US ABOUT...

SKILLS DEVELOPMENT COACHING

If your child has completed Kids' Snowboard School Programme or can already snowboard confidently but still wants to improve, then our Skills Development Coaching is what you're looking for.

LIFT PASSES

Keep practicing the skills you've learnt with a Lift Pass. From one hour up to all month, keep those snowboard legs going all year round.

PRIVATE LESSONS

Whether you want to whizz through the levels or build your confidence slowly, learn at your own pace with a Private Lesson.

FREESTYLE

Jump, slide and spin on our freestyle features. If you want to learn the latest tricks, come along to one of our freestyle sessions.

MOGULS

Things will get bumpy when you hit the moguls! Make sure your technique is sharp for hitting one of these sessions!

